

## Appendix 2

# The Rules of Korfball played in one zone with one post

### Introduction

Korfball played in one zone with one post is often used with younger players and for development or training. It forms an easy progression to the 8-a-side game.

All of the rules of the 8-a-side version of korfball apply with the exception of any differences set out below.

### Section 1: Field and Equipment

#### 1.1 Playing area

The “playing area” shall be deemed to be the field of play together with its border area and the benches.

a Field of play

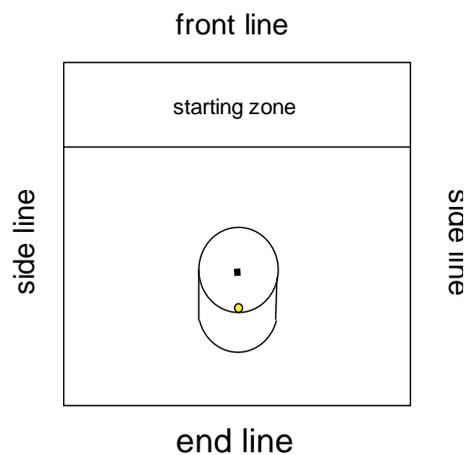
The dimensions of the field of play are 20 x 20 m.

c Bench

Two benches shall be placed near the front line and, if possible, at least 2 m from the field of play. They should be placed either side of the centre of the front line and at least five metres apart.

#### 1.2 Marking

The field of play is marked out by clearly visible lines, 3.0 - 5.0 cm wide as shown in the diagram.



The starting zone is indicated by a line 5.0 m from, and parallel to, the front line. This line may be a solid line, a broken line or its position indicated by cones placed outside the sidelines.

## **2.1 Players**

### **a Numbers and position**

The game is played by two teams, each consisting of 4 male and 4 female players, of whom two of each gender starts the match on the field.

### **b Line up and incomplete teams**

When one or both teams are incomplete, the games can only start, or be continued, if a line up is possible that ensures that there are no less than three players from each side matched by gender.

When one team has less than three players or the conditions mentioned above concerning the possible line up of male and female players cannot be met, the game is abandoned.

### **c Substitution of players**

Only scenario A shall apply i.e. substituted players are allowed to return to the game.

## **2.2 Captain, Coach, Substitutes and other persons attached to the team**

### **b Coach and Assistant Coach**

An assistant coach shall not be appointed. However, competition rules may allow a replacement coach to be appointed in cases where the coach has been sent off with a red card, instead of his duties going to the captain (for example in matches with young players).

The coach is permitted to give instructions to his team's players from the bench (including standing up rather than being seated) and in a manner that will not disturb others. The coach is not allowed to leave his place on the bench in order to give instructions to his team's players.

## **2.5 Assistant referee**

No assistant referee shall be appointed.

## **3.2 Goals**

### **a How to score**

Except for the cases mentioned under 3.2 c in the rules, a team scores a goal when the team designated as the attacking team throws the ball such that:

the ball has, from above, completely passed through the korf  
it is sure that the ball would have fallen completely through the korf, but that it was tapped back from underneath by a defender

If the ball is thrown through the korf by a player designated at that time as the defending team then it counts as a goal for the opposing team.

### **3.3 Line up**

#### **a Choice of line up**

The competition rules shall decide which team will shoot in the first half.

#### **b Change in line up**

Does not apply as there is only one zone and players must be matched by gender.

### **3.4 Zone changes and changes of ends**

In this version of the sport this rule shall be renamed "**Change of role**"

When the defending team gain possession of the ball they must pass the ball into the "starting zone". As soon as the ball is caught by the defending team in the "starting zone" then they become attackers and the previous attackers become defenders.

*If the defending team take possession of the ball in the starting zone, e.g. by means of an interception or from an out-ball or throw off taken by them, then this is taken to have complied with this clause.*

### **3.5 Throw off**

The place of a throw off shall be in the starting zone close to the centre of the front line.

### **3.6**

#### **m to play outside one's zone**

A player is outside his zone when he touches a boundary line or the ground outside the field, or has jumped from a boundary line or the ground outside the field. Playing can consist of touching the ball as well as hindering an opponent.

It is permissible to do the following without infringing this rule:

- to catch or tap the ball when it is over one of the lines provided the player stands in the field
- to tap the ball when the player is in the air outside the field provided he jumped from inside.

#### **p to score directly from a free pass or a re-start**

It is not permitted to score directly from a free pass or re-start.

### **3.12 To exceed the allowed time-limit in the attack zone**

If this rule is in place according to the competition rules then point 1 of the rule shall read: -

- 1 The shot clock is set at 25 seconds when a member of the defending comes in possession of the ball in the starting zone (as he then changes role and becomes an attacker).